

3rd Annual

Camp Chingachgook Challenge Half-Marathon & 10k Race

and Family Fun Day

Saturday, August 6, 2011

Half-marathon start: 8am 10k start: 9am



- Course:** **Half-Marathon:** This surprisingly fast course starts at the Lake George Elementary School and runs along the scenic east shore of Lake George, before finishing at Camp Chingachgook
10k: Is an out and back course, starting and finishing at Camp Chingachgook
- Transportation:** Free transportation will be provided from Camp Chingachgook to the Half-Marathon start before the race, as well as from the finish back to the start after the race.
- Entry Fee:** **Half-Marathon** – \$30 if received by July 6, 2011, \$40 after July 9 or day of race
10k – \$20 if received by July 6. \$30 after July 9 or day of race
- T-Shirts:** T-Shirts guaranteed to all runners registered by July 6, 2011
- Awards:** Prizes for Top 3 male and female overall finishers
1st place male and female in: Under 20, 20-29, 30-39, 40-49, 50-59, 60-69, 70+
Prizes for each race. No duplication of prizes
- Post Race:** Bring your bathing suit and towel for the post race bash in Lake George! Relax with family and friends as you replenish yourself with our full post-race BBQ. In addition to a post race cook-out, all runners and their guests will have full access to Camp Chingachgook's facilities, including: changing room and showers
- Registration:** To register online, with no service charge, go to www.AREEP.com
Or, return application, with a check made out to AREEP, to:
CCC, c/o AREEP, PO Box 38195, Albany, NY 12203
For more information: visit AREEP.com or email info@areep.com



Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all

Course Records:

Half Marathon: Shaun Evans 1:12:17	10k: Mark McKenzie 37:14
Kari Gathan 1:27:00	Katherine Cimonitti 40:53

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone #: _____ Shirt Size: S M L XL

Event: ½ Marathon 10k Gender: M F Age on day of race: _____ Date of Birth: ____ / ____ / _____

In consideration of accepting this entry, I, the undersigned, intending to be legally bound hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I have may have against Albany Running Exchange Event Productions (AREEP), Camp Chingachgook, and any sponsors, as well as any person involved with this event. I fully understand that I, or the person I am responsible for, has sufficiently prepared for this race. My physical condition has been verified by a licensed medical doctor. I hereby grant full permission for AREEP and/or Camp Chingachgook to use any photos, videos, or any other record of this event for any purpose whatsoever and without compensation.

Signature

Date

Parent or Guardian (18 or under)